

Labor Day 2019

Good Work: Possible For All?

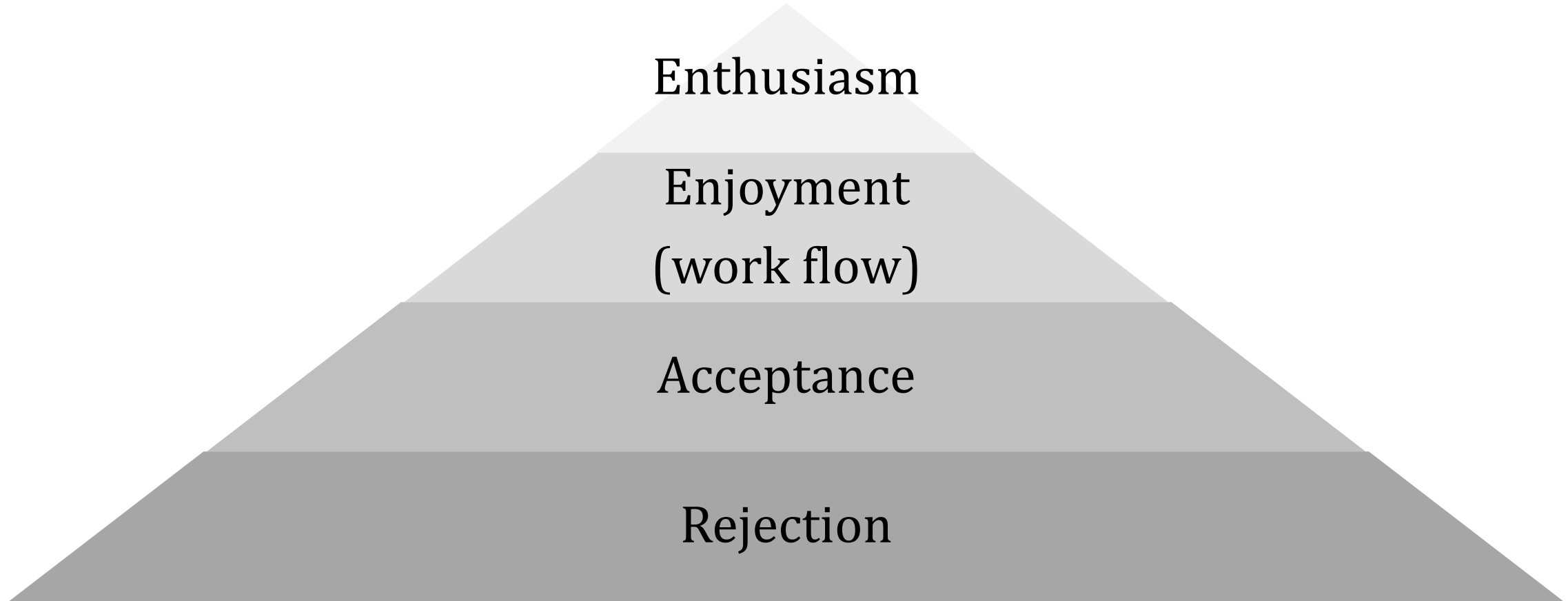


Good Work

1. Is in tune with our values, emotions, and thus enables an authentic life.
2. Facilitates experiences which enrich our life.
3. Gives us – not only financial – credit.
4. Is a reason to cooperate with other people and promotes social relationships.
5. Does neither exhaust nor bore us permanently.
6. Makes space for free disposable time, rest and elements of leisure.
7. Establishes routines which give our life a reliable framework.
8. Gives meaning.

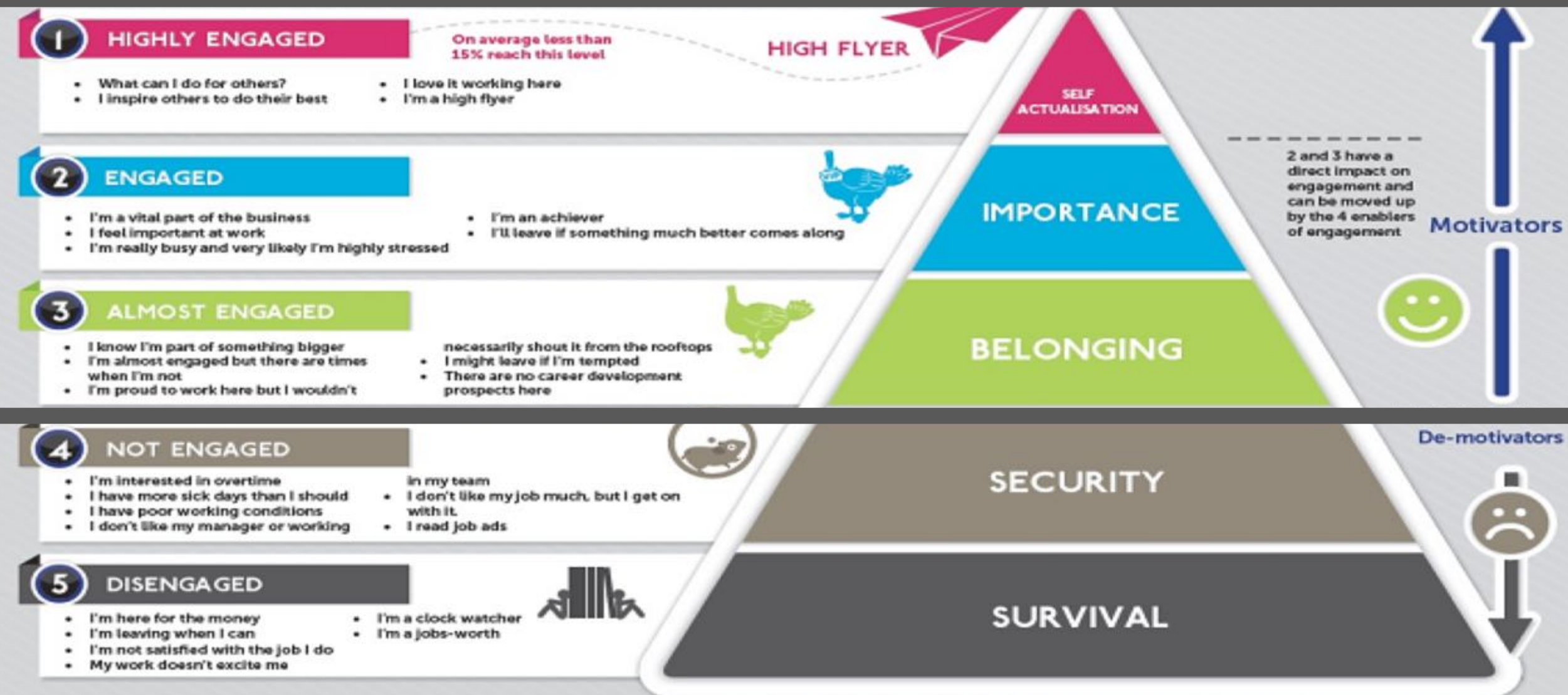
[Source](#): Thomas Vasek in Work-Life-Balance Bullshit

The 4 Mental States at Work



[A New Earth: Awakening to Your Life's Purpose](#) by Eckhart Tolle

MASLOW'S HIERARCHY OF NEEDS APPLIED TO EMPLOYEE ENGAGEMENT



What do Employees Need to Be Engaged?

Employee disengagement can come from uncertainty that their work is meaningful. An effective leader can engage employees by helping them answer questions about five key aspects of their work:

Clarity: How do I do this job? What should I do next?

Efficiency: Is my time valued? Or am I just stuck doing busy work?

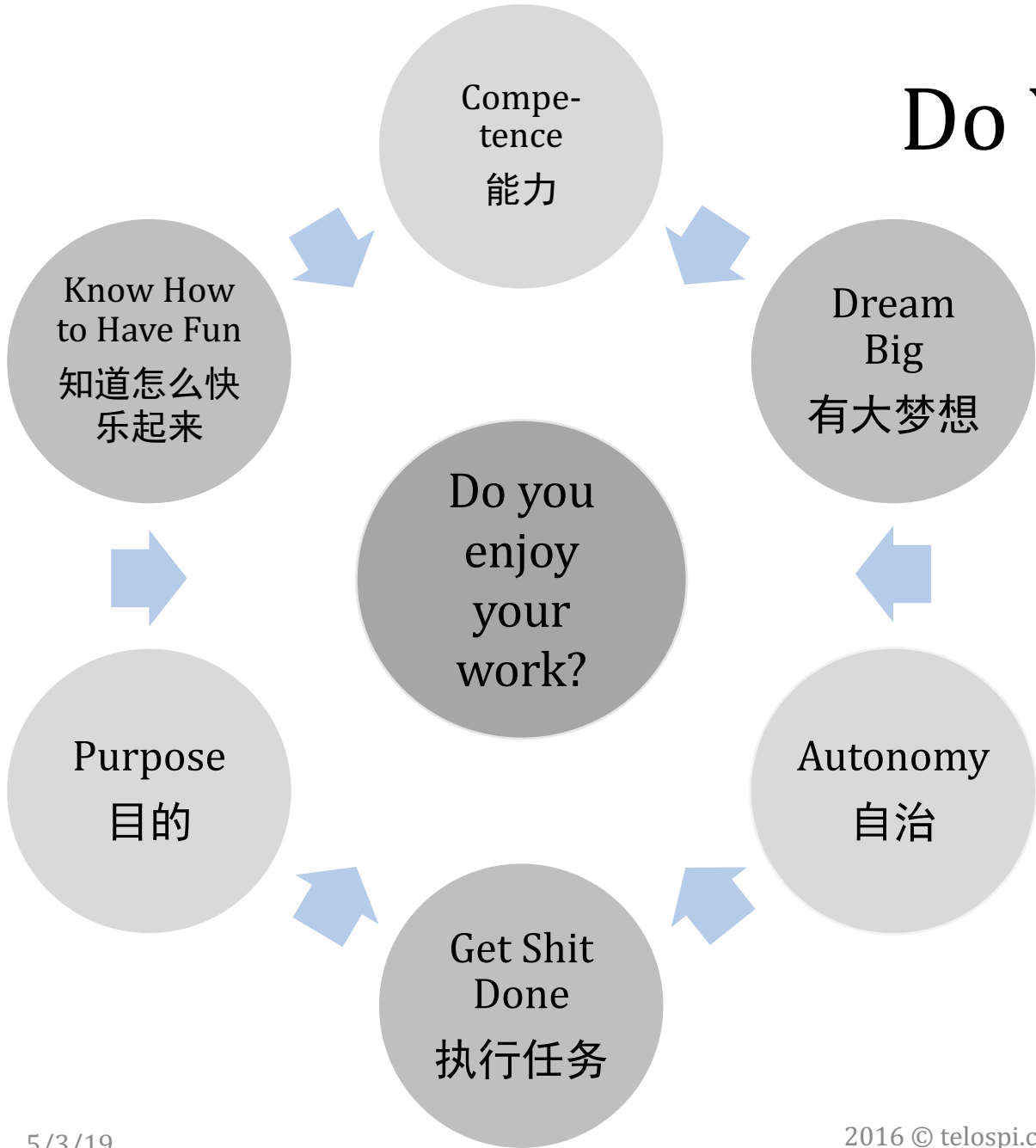
Empowerment: Do I have the authority to be effective? Do I have the resources I need?

Recognition: Am I doing a good job? Does anyone care if I go the extra mile?

Source: Microsoft – Empowering Employee Engagement

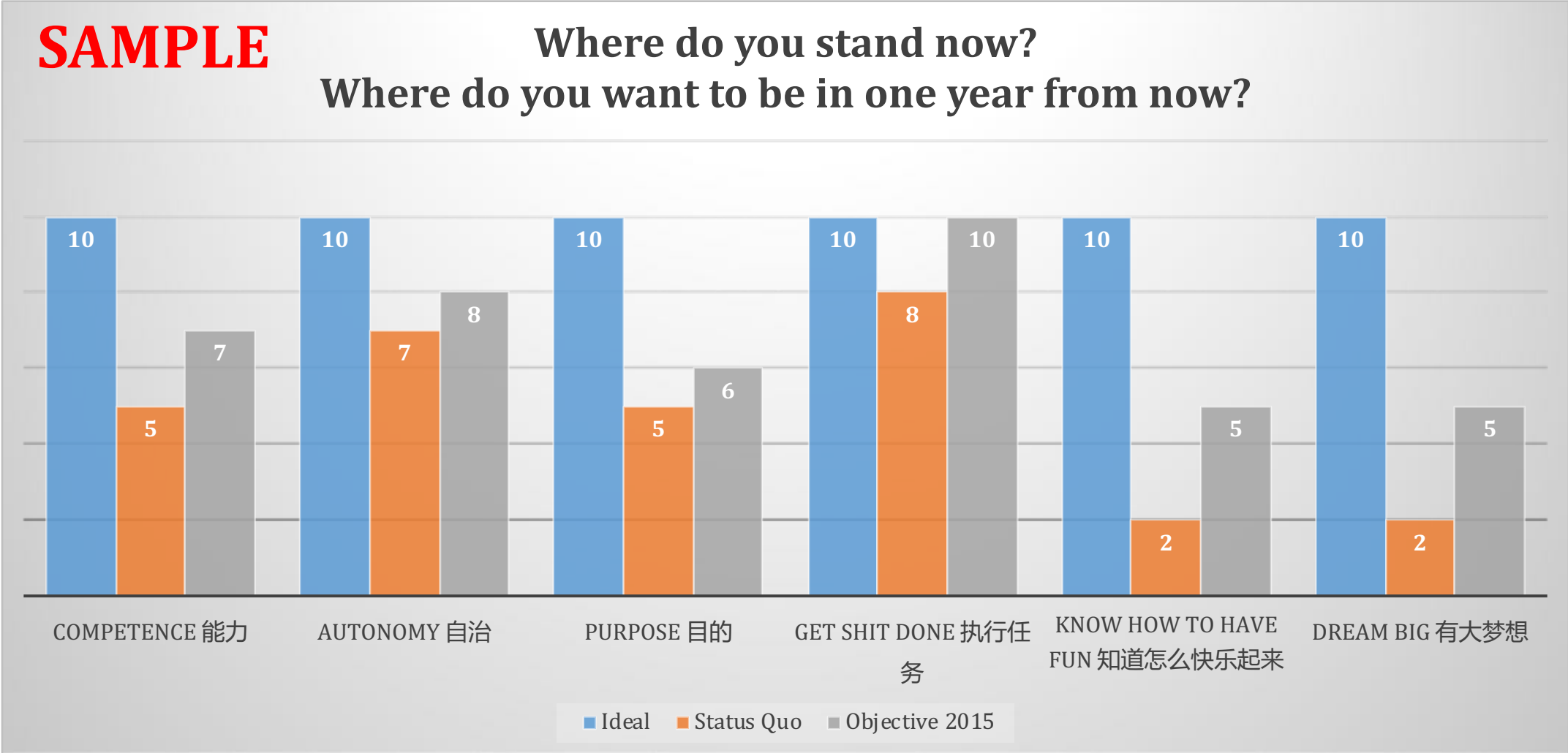
Do You Enjoy Your Work?

The opposite of happiness is not unhappiness or sadness, but boredom.
[Tim Ferris]

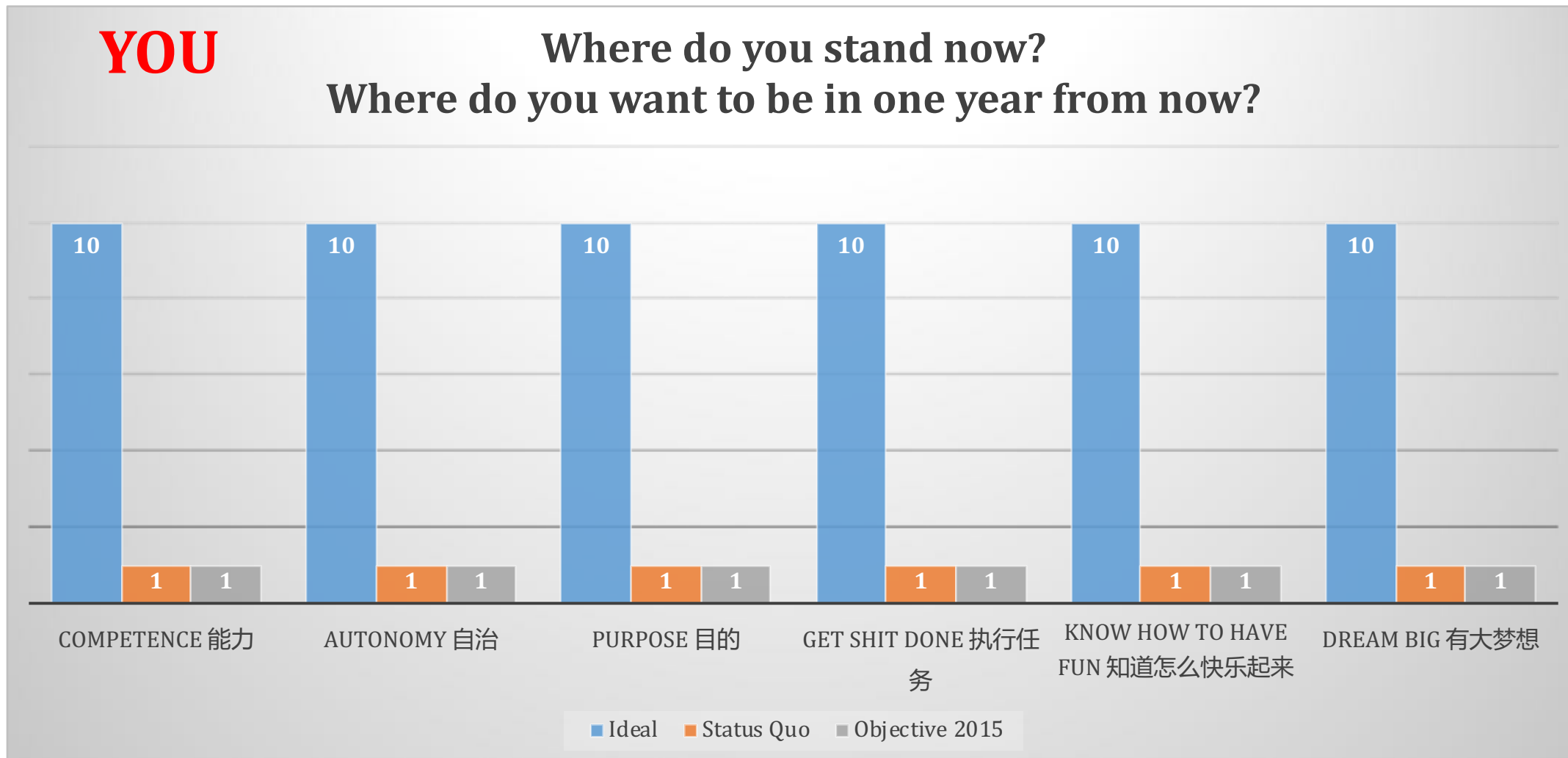


Source:
- [Dan Ariely: What makes us feel good about our work?](#)
- [Jeff Weiner: People I most enjoyed working with.](#)

Do You Enjoy Your Work?



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Everything that irritates us about others can lead us to an understanding of ourselves.
[C. G. Jung]

